



The Country House and Commons



Weekly Activity Calendar Monday February 3rd through Sunday, February 9th 2014

Monday 3rd Activities with Mary	Tuesday 4th Activities with Mary	Wednesday 5th Activities with Jalissa	Thursday 6th Activities with Mary
<p style="text-align: center;">Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Norman Rockwell Born 1894</i> 10:45 Sit & Be Fit: <i>Stretch Bowling</i> 11:00 Montessori Connections 11:30 Today in History: <i>Norman Rockwell Paintings</i> 12:00 Lunch 1:00 Afternoon Walks to House for Music 1:15 Afternoon Walks 1:30 Singing w/Dorothy At the House 2:30 Walk to the CMS After Music 2:45 Afternoon Walks With Bean Bag Throw 3:30 Montessori Connections w/Mary</p> <p>Afternoon RA Activity Picture Matching</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Canned Food Month</i> 10:45 Sit & Be Fit: <i>Groovin & Moovin</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Family Feud</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Afternoon Creations: <i>Valentine Sun Catchers</i> 2:45 Afternoon Walks And Balloon Toss 3:30 Montessori Connections w/Mary</p> <p>Afternoon RA Activity Bean Bag Toss</p>	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>February Flowers - Violets And Primrose</i> 10:45 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Deal or No Deal</i> 12:00 Lunch 1:00 Afternoon Walks to House for Music 1:15 Afternoon Walks 1:30 Folk Music w/Michael At the House 2:30 Walk to the CMS After Music 2:45 Afternoon Walks With Color Game 3:30 Montessori Connections w/Jalissa</p> <p>Afternoon RA Activity Bowling</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Monopoly Board Game First went on Sale 1935</i> 10:45 Sit & Be Fit: <i>Stretch Bowling</i> 11:00 Montessori Connections 11:30 Morning Reminiscing: <i>Childhood Games</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>Bingo</i> 2:45 Afternoon Walks And Bean Bag Throw 3:30 Montessori Connections w/Mary</p> <p>Afternoon RA Activity Picture Matching</p>
Friday 7th Activities with Jalissa	Saturday 8th Activities with Jalissa	Sunday 9th Activities with Mary	Key
<p style="text-align: center;">Fun Friday</p> <p>Why did the banana go out with the prune? Because it couldn't get a date</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>2014 Winter Olympics Begin</i> 10:45 Sit & Be Fit: <i>Groovin & Moving</i> 11:00 Montessori Connections 11:30 Trivia, Facts & Fun: <i>Let the Games Begin!</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>"Sports" Word Scramble</i> 2:45 Afternoon Walks And Balloon Toss 3:30 Montessori Connections w/Jalissa</p> <p>Afternoon RA Activity: Bean Bag Toss</p>	<div style="text-align: center;">  </div> <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Kite Flying Day</i> 10:45 Sit & Be Fit: <i>Stretch Bowling</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Wheel of Fortune</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>High Rollers</i> 2:45 Afternoon Walks And Bean Bag Throw 3:30 Montessori Connections w/Jalissa</p> <p>Afternoon RA Activity Bowling</p>	<div style="text-align: center;">  </div> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>February Birthstone: Amethyst</i> 10:45 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Deal or No Deal</i> 12:00 Lunch 1:00 Afternoon Walks to House for Music 1:15 Hymns w/Dorothy At House 2:15 Walk to the CMS After Music 2:30 Afternoon Walks With Color Game 3:30 Montessori Connections w/Mary</p> <p>Afternoon RA Activity Picture Matching</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home." - Edith Sitwell</p>