

The Country House and Commons

Weekly Activity Calendar

Monday, December 28th through Sunday, January 3rd 2015



Monday 28th Activities w/ Katie	Tuesday 29th Activities w/ Bre	Wednesday 30th Activities w/ Katie	Thursday 31st Activities w/ Katie
<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Card Playing Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p><u>Visits from Pumpkin:</u> 1:30 @ House 2:15 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Group Game: <i>Bingo!</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Mary Tyler Moore</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Craft: Snowman craft 2:45 Group Activity: <i>Teddy Bear BINGO!</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Ball Toss</i> 4:00 Companion Time</p> 	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Hubble announced there are other galactic systems</i> 10:00 Group Game: <i>High Rollers</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Balloon Toss</i> 2:15 Afternoon Walks to House for Music 2:30 Songs at the House w/ Dorothy 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Christmas Sensory Bin</i> 4:15 Companion Time</p>	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>New Year's Eve!</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks <i>New Year's Eve Party!</i> 1:30 Commons 2:30 House</p>  <p>2:00 Afternoon Walks to House for Music 2:30 Accordion Music w/ Kathleen 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 4:00 Companion Time</p>
Friday 1st Activities w/ Carol	Saturday 2nd Activities w/ Bre	Sunday 3rd Activities w/ Carol	Key
<p>Fun Friday Q: What month goes great with peanut butter? A. JAMuary</p> <p>Morning Rose Bowl Parade Channels ABC & NBC 8:00am</p> <p>9:30 Spa at the House 10:00 Group Discussion: <i>New Year's Resolutions</i> 10:45 Spa at the Commons 11:15 Group Activity: <i>Montessori Snowman</i> 12:00 Lunch 1:00 Movie of the Day 3:30 Afternoon RA Activity: <i>Bowling</i></p> <p>Afternoon: College Football!!!</p> 	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>January Flower: Carnation</i> 10:00 Group Game: <i>Dominoes</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Bowling</i> 2:15 Afternoon Walks to House for Music 2:30 Hymns at the House w/ Donnie</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Sensory Matching Game</i> 4:15 Companion Time</p>	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>January Birthstone: Garnet</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Balloon Toss</i> 2:45 Group Activity: <i>Sensory Matching Game</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>Let our New Year's resolution be this: we will be there for one another as fellow members of humanity, in the finest sense of the word.</p> <p>-Goran Persson</p>