



The Country House and Commons

Weekly Activity Calendar
Monday, December 26th through Sunday, January 1st 2016



Monday 26th Activities w/ Katie	Tuesday 27th Activities w/ Parvaneh	Wednesday 28th Activities w/ Parvaneh	Thursday 29th Activities w/ Katie
<p>Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Kwanzaa!</i></p>  <p>Happy Kwanzaa</p> <p>10:45 Companion Time 11:15 Sit & Be Fit: <i>Sit & Be Fit</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p>Pumpkin Visits! 1:30@ House 2:15 @ Commons</p> <p>3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Hula Hoop Ball</i></p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1932 Radio City Music Hall</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>LCR Dice Game</i> 2:45 Group Game: <i>Nuts and Bolts</i> 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bean Bag Toss</i></p> 	<p>9:30 Sit & Be Fit Exercises 10:00 Morning Gathering: <i>NTL Card Playing Day</i> 10:45 Sit & Be Fit: <i>Yoga & Meditation</i> 11:00 Get Moving: <i>Balloon Toss</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>Book Club</i> 1:45 Spa at the House 2:15 Afternoon Walks to House for Music 2:30 Folk music at the House w/ Loki 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Teddy Bear BINGO</i></p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Mary Tyler Moore Birthday</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Deal Or No Deal</p> <p>Flower Arranging! 1:45 @ House</p>  <p>2:45 Group Game: <i>Household Fun</i> 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Companion Time</p>
Friday 30th Activities w/ Katie	Saturday 31st Activities w/ Parvaneh	Sunday 1st Activities w/ Carol	Key
<p>Fun Friday</p> <p>Q: What month goes great with peanut butter? A. JAMuary</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Bacon Day</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p>Happy Hour! 1:45 @ Commons 2:15@ House</p> <p>3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Mini Golf</i></p>	<p>10:00 Spa at the House 10:45 Sit & Be Fit Exercises 11:00 Morning Gathering: <i>New Year's Eve!</i> 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>New Year's Eve Party! 1:45 Commons 2:15 House</p>  <p>3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:00 Companion Time 3:30 Get Moving: <i>Bowling</i></p>	<p>Morning Rose Bowl Parade Channels ABC & NBC 8:00am</p> <p>9:30 Spa at the Commons 10:15 Group Discussion: <i>New Year's Resolutions</i> 10:30 Sit & Be Fit Exercises 11:15 Group Activity: <i>Build a Snowman</i> 12:00 Lunch 1:00 Movie of the Day 3:30 Afternoon RA Activity: <i>Bowling</i></p> <p>Afternoon: College Football!!!</p> 	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>Let our New Year's resolution be this: we will be there for one another as fellow members of humanity, in the finest sense of the word.</p> <p>-Goran Persson</p>