

The Country House and Commons

Weekly Activity Calendar

Monday, December 21st through Sunday, December 27th 2015



Monday 21st Activities w/ Katie	Tuesday 22nd Activities w/ Bre	Wednesday 23rd Activities w/ Katie	Thursday 24th Activities w/ Katie
<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Winter Solstice</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Humane Society Dog Visits: 1:30 @ House 2:15 @ Commons</p>  <p>Merry Christmas</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Group Game: <i>Christmas Box of Questions</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Date Nut Bread Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Craft: Snowman craft 2:45 Group Activity: <i>Christmas Sensory Bin</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Ornament Bean Bag Toss</i> 4:00 Companion Time</p> 	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Christmas Gifts discussion</i> 10:00 Group Game: <i>Christmas BINGO!</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Balloon Toss</i> 2:15 Afternoon Walks to House for Music</p> <p>2:30 Songs at the House w/ Dorothy</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Christmas Montessori Puzzle</i> 4:15 Companion Time</p>	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Silent Night Composed 1818</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day</p>  <p>Christmas Eve Candlelight Service</p> <p>With Michael 2:30 @ House 3:15 @ Commons</p>
Friday 25th Activities w/ Carol	Saturday 26th Activities w/ Bre	Sunday 27th Activities w/ Carol	Key
<p>Fun Friday Q: Why does Santa Claus like to go down the chimney? A: Because it soots him!</p>  <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Merry Christmas!!!</i> 10:45 Spa at Commons 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Christmas Trivia 12:00 Lunch 1:00 Movie of the Day 3:30 Afternoon RA Activity: <i>Bowling</i></p> 	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Kwanza</i> 10:00 Group Game: <i>Farkle</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Mini Golf</i> 2:15 Afternoon Walks to House for Music</p> <p>2:30 Songs at the House w/ Michael</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Sensory Matching Game</i> 4:15 Companion Time</p>	<p>Happy Birthday Orna!</p>  <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Radio City Music Hall opens</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>High Rollers</i> 2:45 Group Activity: <i>Roll-A-Reindeer</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"I heard the bells on Christmas Day Their old, familiar carols play, And wild and sweet the words repeat Of peace on earth, Good will to men!"</p> <p>- Henry Wadsworth Longfellow</p>