

The Country House and Commons

Weekly Activity Calendar

Monday, December 19th through Sunday, December 25th 2016



Monday 19th Activities w/ Katie	Tuesday 20th Activities w/ Parvaneh	Wednesday 21st Activities w/ Parvaneh	Thursday 22nd Activities w/ Katie
<p>Salon Day Happy Birthday Margaret!! 9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1843 "A Christmas Carol"</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Sit & Be Fit</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p>Butte Humane Society Dog Visits! 1:30 @ House 2:15 @ Commons</p>  <p>3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Hula Hoop Ball</i></p>	<p>9:30 Sit & Be Fit Exercises 10:00 Morning Gathering: <i>Favorite Music Discussion</i> 10:45 Sit & Be Fit: <i>Yoga & Meditation</i> 11:00 Get Moving: <i>Balloon Toss</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>High Rollers</i> 1:45 Spa at the House 2:15 Afternoon Walks to House for Music</p> <p>2:30 Accordion at the House w/ Kathleen</p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity:</p> 	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Winter Solstice</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Groovin' & Moovin'</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p>Baking with Mel: 1:45 @ Commons 2:45 @ House</p>  <p>3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Balloon Volleyball</i></p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Date Nut Bread Day</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune</p> <p>Flower Arranging! 1:45 @ House</p> <p>2:45 Group Game: <i>Colored Dominoes</i> 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Companion Time</p>  <p>Christmas Light Drive Load at 4:00pm</p>
Friday 23rd Activities w/ Carol	Saturday 24th Activities w/ Parvaneh	Sunday 25th Activities w/ Carol	Key
<p>Fun Friday Q: Why does Santa Claus like to go down the chimney? A: Because it soots him!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Hanukkah</i></p>  <p>10:45 Companion Time 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Christmas Book Club</i> 2:45 Group Game: <i>Tea Time</i> 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Mini Golf</i></p>	<p>9:30 Companion Time 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>"Silent Night" Composed</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Christmas Discussion Game</i> 2:45 Group Game: <i>Christmas Discussion Game</i></p> <p>4:00 Harp at the House w/ Brenda 4:00 Piano at the Commons w/ Chris</p> 	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Merry Christmas!</i> 10:45 Build a Snowman 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Christmas Trivia 12:00 Lunch 1:00 Movie of the Day 3:30 Afternoon RA Activity: <i>Bowling</i></p> 	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week: "I heard the bells on Christmas Day Their old, familiar carols play, And wild and sweet the words repeat Of peace on earth, Good will to men!" - Henry Wadsworth Longfellow</p>