



The Country House and Commons



Weekly Activity Calendar
Monday, December 15th through Sunday, December 21st 2014

Monday 15th Activities w/ Katie & Devyn	Tuesday 16th Activities w/ Devyn & Katie	Wednesday 17th Activities w/ Katie & Devyn	Thursday 18th Activities w/ Devyn & Gabby
<p style="text-align: center;">Salon Day</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1791 Bill of Rights Enacted</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Trivia, Facts & Fun 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks to House for Music 1:15 Spa at the House 1:45 Afternoon Craft: <i>Christmas Cards</i> 2:45 Group Craft: <i>Christmas Cards</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Table Game: <i>Sequence</i> 4:00 Companion Time</p>	<p style="text-align: center;"> Happy Chanukah!</p> <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Chanuka!</i> 10:45 Spa at the Commons 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Reading: <i>Chicken Soup for the Soul</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:30 Essential Oils Education w/ Joan 2:15 Christmas Cards 2:45 Group Craft: <i>Christmas Cards</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:30 Table Game: <i>Bingo!</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Wright Brothers 1st Flight</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Reading: <i>Classic Christmas Stories</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Group Game <i>Yahtzee!</i> 1:45 Group Game: <i>Race to the Finish</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Roast Day</i> 10:45 Spa at Commons 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Christmas Trivia 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Activity: <i>Flower Arranging</i> 2:45 Group Activity: <i>Flower Arranging</i> 3:15 Companion Time</p> <p style="text-align: center;">Christmas Light Drive Load at 4:00pm</p> 
Friday 19th Activities w/ Gabby	Saturday 20th Activities w/ Gabby	Sunday 21st Activities w/ Katie & Gabby	Key
<p style="text-align: center;">Fun Friday</p> <p>Q: What is a parent's favorite Christmas carol?</p> <p>A: Silent Night!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1843 Charles Dickens' "A Christmas Carol"</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Laugh Out Loud Jokes 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House</p> <p style="text-align: center;">Bunnies Visit! 1:30 @ House 2:30 @ Commons</p> <p>3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p style="text-align: center;"></p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Favorite Christmas Tunes</i> 10:45 Spa at Commons 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Tips for a Happier You 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks</p> <p>AFTERNOON BAKING <i>Christmas Cookies!</i> 1:45 @ House 2:45 @ Commons</p> <p>3:30 Afternoon RA Activity <i>Parachute Fun!</i> 4:00 Walk to the CMS After Music</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Winter Solstice</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Reading: <i>Chicken Soup for the Soul</i> 12:00 Lunch 1:00 Movie of the Day</p> <p style="text-align: center;">Resident Family Christmas Party</p> <p style="text-align: center;">2:00 pm CMS 3:00 pm House</p> 	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"The holly and the ivy, When they are both full grown, Of all trees that are in the wood, The holly bears the crown: O, the rising of the sun, And the running of the deer The playing of the merry organ, Sweet singing in the choir."</p> <p>- Christmas Carol</p>