



The Country House and Commons



Weekly Activity Calendar Monday, December 14th through Sunday, December 20th 2015

Monday 14th Activities w/ Katie	Tuesday 15th Activities w/ Katie	Wednesday 16th Activities w/ Katie	Thursday 17th Activities w/ Katie
<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>December Flower: Holly</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Balloon Toss</i> 2:30 Group Activity: <i>Montessori Gingerbread man</i> 3:15 Afternoon Walks to House for Music</p> <p>Chico High Choir Christmas Carolers 3:30 @ House</p>  <p>4:00 Group Game: <i>Christmas Trivia</i></p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Bill of Rights Enacted 1781</i> 10:00 Group Game: <i>Christmas Box of Questions</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Snowman Bowling</i> 2:15 Afternoon Walks to House for Music</p> <p>2:30 Accordion Music at the House w/ Kathleen</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Sensory Matching Game</i> 4:15 Companion Time</p>	<p>9:30 Spa at the Commons</p> <p>Kinder Kids Christmas Carolers 10:00 @ House 10:30 @ CMS</p> <p>10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p><u>Baking with Mel:</u> 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Snowman Bowling</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Wright Brothers 1st Flight</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p><u>Flower Arranging!</u> 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Apples to Apples</i> 4:00 Companion Time</p>
Friday 18th Activities w/ Bre	Saturday 19th Activities w/ Bre	Sunday 20th Activities w/ Carol	Key
<p><i>Fun Friday</i> Q: What is a parent's favorite Christmas carol? A: Silent Night!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Pot Roast Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>High Rollers</i> 2:45 Group Activity: <i>Christmas Montessori Puzzle</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i></p> <p>Christmas Light Drive Load at 4:00pm</p> 	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>"A Christmas Carol"</i> 10:00 Group Game: <i>Christmas BINGO!</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Ornament Bean Bag Toss</i> 2:15 Afternoon Walks to House for Music</p> <p>2:30 Songs at the House w/ Donnie</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Christmas Sensory Bin</i> 4:15 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Christmas Traditions</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day</p> <p><i>Resident Family Christmas Party</i></p> <p>2:00 pm CMS 3:00 pm House</p> 	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"The holly and the ivy, When they are both full grown, Of all trees that are in the wood, The holly bears the crown: O, the rising of the sun, And the running of the deer The playing of the merry organ, Sweet singing in the choir." - Christmas Carol</p>