



The Country House and Commons



Weekly Activity Calendar Monday, December 1st through Sunday, December 7th 2014

Monday 1st Activities w/ Katie & Devyn	Tuesday 2nd Activities w/ Devyn & Katie	Wednesday 3rd Activities w/ Katie & Devyn	Thursday 4th Activities w/ Devyn & Gabby
<p style="text-align: center;">Salon Day</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Holiday Decorating Traditions</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Trivia, Facts & Fun 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks to House for Music 1:30 One Accord Women's Choir Perform @ House 2:00 Christmas Decorating Party in Both Houses!</p>  <p>4:00 Spa at the House</p>	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Fritters Day</i> 10:45 Spa at the Commons 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Reading: <i>Chicken Soup for the Soul</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Afternoon Activity: <i>Dominos!</i> 2:45 Group Activity: <i>Hoop Ball</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:30 Spa at the House 4:00 Companion Time</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1930 Andy Williams Bday</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:15 Group Activity: <i>High Rollers</i> 1:45 Group Activity: <i>Mini Golf</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>"Santa's List" Day</i> 10:45 Spa at Commons 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Wii Game: <i>Family Feud</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Activity: <i>Flower Arranging</i> 2:45 Group Activity: <i>Flower Arranging</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Get Moving: <i>Hoola Hoop Ball</i> 4:00 Companion Time</p>
Friday 5th Activities w/ Gabby	Saturday 6th Activities w/ Gabby	Sunday 7th Activities w/ Katie	Key
<p style="text-align: center;">Fun Friday</p> <p>Q: What do you get when you cross a snowman with a vampire?</p> <p>A: Frostbite.</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1933 Repeals Prohibition</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Laugh Out Loud Jokes 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Happy Hour! <i>& Yahtzee!</i> 2:45 Happy Hour! <i>Dice Games</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>St. Nicholas Day</i> 10:45 Spa at Commons 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Wii Game: <i>Wheel of Fortune</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Companion Time 2:15 Group Activity: <i>Race to the Finish</i> 2:45 Afternoon Walks to House for Music 3:00 Songs w/ Jennifer At House 3:00 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 4:00 Walk to the CMS After Music</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1041 Pearl Harbor</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Positive Quotes 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Group Activity: <i>Bingo!</i> 2:45 Group Game: <i>Bulls Eye!</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"From December to March, there are for many of us three gardens - the garden outdoors, the garden of pots and bowls in the house, and the garden of the mind's eye."</p> <p>- Katherine S. White</p>