



The Country House and Commons

Weekly Activity Calendar

Monday, August 15th through Sunday, August 21st 2016



Monday 15th Activities w/Katie	Tuesday 16th Activities w/Parvaneh	Wednesday 17th Activities w/Parvaneh	Thursday 18th Activities w/Carol
<p>Salon Day 9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Relaxation Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <p>Humane Society Dog Visits: 1:30 @ House 2:15 @ Commons</p>  <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Joke Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Dominoes</i> 2:45 Group Activity: <i>Farm Sensory Bin</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p> <div data-bbox="456 1150 805 1413"> <p>Q: What do you call a pig that knows karate?</p>  <p>A: A pork chop!</p> </div>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Thrift Shop Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Guess The Location 12:00 Lunch 1:00 Movie of the Day</p> <p>Baking with Mell! 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Bingo!</i> 4:00 Companion Time</p>	<p>RESIDENT LUNCH OUTING Load @ 10:45AM 9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Cupcake Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 The Price Is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p>Flowers! 1:45 @ House 2:15 @ Commons</p>  <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Apples to Apples</i> 4:00 Companion Time</p>
Friday 19th Activities w/Parvaneh	Saturday 20th Activities w/Parvaneh	Sunday 21st Activities w/Carol	Key
<p>Fun Friday Q: What happens to a frog's car when it breaks down? A: It gets toad away!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Aviation Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga and Meditation</i> 11:30 Short Stories 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Farkle</i> 2:45 Group Activity: <i>Puzzles</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p> 	<p>9:30 Morning Walks 10:00 Table Game: <i>Yahtzee</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Sit & Be Fit Exercises 1:15 Morning Gathering: <i>National Peach Month</i> 1:30 Companion Time 2:00 Group Activity: <i>Summer Sensory Bin</i> 2:15 Afternoon Walks to House for Music</p> <p>2:30 Hymns w/ Donnie At House</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Bean Bag Toss</i></p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Senior Citizen Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <p>Bunnies!! 1:30 @ House 2:30 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week: "I may not have gone where I intended to go, but I think I have ended up where I needed to be." ~ Douglas Adams</p>