

## The Country House and Commons

Weekly Activity Calendar



	•	vity Calendar gh Sunday, August 17th 2014	4
Monday 11th Activities with Mary	Tuesday 12th Activities with Mary	Wednesday 13th Activities with Mary	Thursday 14th Activities with Gabby
Salon Day		9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering:	
9:30 Sit & Be Fit:  Exercise w/Noodles		Family Fun Month 10:45 Sit & Be Fit:  Yoga & Meditation	
Resident Lunch Outing 10:30 am	9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: 1898 US Annexes Hawaii 10:45 Sit & Be Fit: Groovin & Moovin	11:00 Montessori Connections 11:30 Wii Game:    Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:15 Montessori Connections	9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: First Cars 10:45 Sit & Be Fit: Exercise w/Noodles
1:00 Movie of the Day 1:15 Montessori Connections 1:45 Group Activity:  **Bingo!** Therapy Dog Visit, Pula 2:00 @ House 2:30 @ CMS 2:45 Afternoon Walks &  **Bean Bag Toss* 3:30 Montessori Connections	11:00 Spa at the Commons 11:30 Internet Travel  Hawaiian Islands 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Activity:  Trash Card Game 2:45 Balloon Toss &  Montessori Connections 3:30 Montessori Connections	Staff Meeting 1:30  Folk Music w/ Michael At House 2:30	11:00 Spa at Commons 11:30 Trivia, Facts & Fun:     Life After WWII  12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Activity:     Flower Arranging 2:45 Flower Arranging &     Montessori Connections 3:30 Montessori Connections
Afternoon RA Activity Picture Matching	Afternoon RA Activity Bean Bag Toss	Afternoon RA Activity Bowling	Afternoon RA Activity Picture Matching
Friday 15th Activities with Gabby	Saturday 16th Activities with Gabby	Sunday 17th Activities with Katie	Key
Fun Friday  Q: What does a nosey pepper do?  A: Gets jalapeno business!		thrift shop	Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room
9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering:  Relaxation Day 10:45 Sit & Be Fit:  Dance Party! 11:00 Montessori Connections 11:30 Laugh Out Loud Jokes 12:00 Lunch	9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: August Flower: Gladiolus 10:45 Sit & Be Fit: Yoga & Meditation 11:00 Spa at the Commons 11:30 Internet Travel: Paris, France 12:00 Lunch	9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering:  Thrift Shops 10:45 Morning Walks 11:15 Sit & Be Fit:  Groovin & Moovin 11:30 Wii Game:  Wheel of Fortune 12:00 Lunch	Quote of the Week:  If you want to visit Paris, the best time to go is during August, when there aren't any French people there.  ~ Kenneth Stilling

12:00 Lunch 1:00 Movie of the Day

1:00 Movie of the Day 1:15 Afternoon Walks 1:15 Spa at the House

1:45 Group Activity: 1:45 Happy Hour! Vase Decorating

& Race to the Finish 2:45 Color Game &

2:45 Afternoon Walks Montessori Connections

& Happy Hour 3:30 Montessori Connections 3:30 Montessori Connections

Afternoon RA Activity Afternoon RA Activity **Bean Bag Toss Bowling** 

1:00 Movie of the Day

1:15 Spa at the House

1:45 Group Activity:

High Rollers

2:45 Bean Bag Toss & Montessori Connections

3:30 Montessori Connections

Afternoon RA Activity Picture Matching