



The Country House and Commons

Weekly Activity Calendar
Monday, April 4th through Sunday, April 10th 2016



Monday 4th Activities w/ Bre	Tuesday 5th Activities w/ Bre	Wednesday 6th Activities w/ Bre	Thursday 7th Activities w/ Katie
<p style="text-align: center;">Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Librarian Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Shake Loose a Memory</i> 2:45 Group Activity: <i>Bulls Eye!</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p> 	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Bette Davis Birthday</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Book Club</i> 2:45 Group Activity: <i>Household Fun</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Afternoon Walks</p>	<p style="text-align: center;">Happy Birthday Alice and Diane N. !!</p> <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>First Olympics in Greece</i> 10:00 Morning Walks 10:30 Get Moving: <i>Conversation Ball</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>Dominoes</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;">2:30 Songs at the House w/ Dorothy</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Spring Montessori Bin</i> 4:15 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>South Pacific Hits Broadway</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p style="text-align: center;">Flower Arranging! 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Activity: <i>Matching Card Game</i> 4:00 Companion Time</p>
Friday 8th Activities w/ Bre	Saturday 9th Activities w/ Katie	Sunday 10th Activities w/ Carol	Key
<p style="text-align: center;">Fun Friday</p> <p>Q: What flowers grow on faces? A: Tulips (Two-lips)!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Humor Month</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks Therapy Bunnies Visit!! 1:30 @ House 2:30 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p>	<p style="text-align: center;">Happy Birthday Evelyn!!</p> <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Winston Churchill Day</i> 10:00 Group Game: <i>Pastimes Discussion</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Balloon Tennis</i> 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;">2:30 Folk Music at the House w/ Michael</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Sensory Matching Game</i> 4:15 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>First Pro Golf Tournament</i> 10:00 Group Game: <i>Sequence BINGO</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Bowling</i> 2:15 Afternoon Walks to Commons for Music</p> <p style="text-align: center;">2:30 Piano Music at the Commons w/ Chris</p> <p>2:30 Spa at the Commons 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Spring Montessori Puzzle</i> 4:15 Companion Time</p> 	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p style="text-align: center;">Quote of the Week:</p> <p>"And Spring arose on the garden fair, Like the Spirit of Love felt everywhere; And each flower and herb on Earth's dark breast rose from the dreams of its wintry rest."</p> <p style="text-align: right;">- Percy Bysshe Shelley, <i>The Sensitive Plant</i></p>