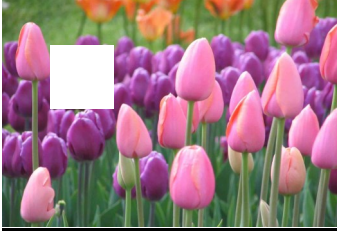


The Country House and Commons

Weekly Activity Calendar
Monday, April 3rd through Sunday, April 9th 2017



Monday 3rd Activities w/ Lee	Tuesday 4th Activities w/ Parvaneh	Wednesday 5th Activities w/ Lee	Thursday 6th Activities w/ Carol
<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Pony Express Delivers Mail</i> 11:00 Sit & Be Fit: <i>Sit & Be Fit</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Book Club</i> 2:45 Group Game: <i>Easter Montessori Puzzle</i> 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Conversation Ball</i> 4:00 Companion Time</p> 	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Librarian Day</i> 11:00 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day <u>Country Village Trinkets to Treasures Bizarre!</u></p>  <p>2:45 Group Game: <i>Sensory Matching Game</i> 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Bette Davis Bday</i> 10:00 Group Game: <i>Can You Name 5?</i> 11:15 Sit & Be Fit: <i>Senior Yoga</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Companion Time 2:15 Afternoon Walks to House for Music 2:30 Songs at the House w/ Greg 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:30 Get Moving: <i>Balloon Tennis</i> 4:00 Companion Time</p> 	<p><u>Happy Birthday Diane N.!!</u> 9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1st Olympics in Athens</i> 11:00 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Deal Or No Deal 12:00 Lunch 1:00 Movie of the Day <u>Flower Arranging!</u> 1:00 @ House</p>  <p>2:45 Group Game: <i>Mancala</i> 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Companion Time 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p>
Friday 7th Activities w/ Lee	Saturday 8th Activities w/ Nidia	Sunday 9th Activities w/ Nidia	Key
<p><i>Fun Friday</i> Q: What flowers grow on faces? A: Tulips (Two-lips)! 9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>South Pacific Premieres</i> 11:00 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Bible Study</i> 2:45 Group Game: <i>Bible Study</i> 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p> 	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Humor Month</i> 11:00 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time <u>Baking with Mel:</u> 1:45 @ House 2:45 @ Commons 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Hula Hoop Ball</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Winston Churchill Day</i> 10:00 Group Game: <i>Yahtzee Hands Down</i> 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Companion Time 2:15 Afternoon Walks to Commons for Music 2:30 Piano at the Commons w/ Chris 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p> 	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room Quote of the Week: "And Spring arose on the garden fair, Like the Spirit of Love felt everywhere; And each flower and herb on Earth's dark breast rose from the dreams of its wintry rest." - Percy Bysshe Shelley, <i>The Sensitive Plant</i></p>