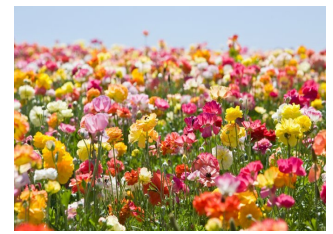


The Country House and Commons

Weekly Activity Calendar
Monday, April 18th through Sunday, April 24th 2016



Monday 18th Activities w/Katie	Tuesday 19th Activities w/Katie	Wednesday 20th Activities w/Carol	Thursday 21st Activities w/Katie
<p>Salon Day</p> <p><i>Ageless Aviation Outing Bus Loads @8:30am</i></p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Juggler's Day!</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Butte Humane Dog Visits 1:30 House 2:15 Commons</p> <p>3:00 Group Activity: <i>Pixy Cubes</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Conversation Ball</i> 4:00 Companion Time</p>	<p>Happy Birthday Glenna!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Ntl Garlic Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>Dominoes</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p>2:30 Songs at the House w/Kathleen</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Spring Montessori Puzzle</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Patriots Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Tai Chi</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Baking with Mel: 1:45 @ Commons 2:15 @ House</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Tennis</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>April Birthstone: Diamond</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Flower Arranging! 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: BINGO 4:00 Companion Time</p>
Friday 22nd Activities w/Bri	Saturday 23rd Activities w/Carol	Sunday 24th Activities w/Bri	Key
<p>Fun Friday Q: What kind of tree grows in your hand? A: A Palm Tree!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Earth Day</i></p>  <p>10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga and Meditation</i> 11:30 Finish the Phrase 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: Sequence 2:45 Group Activity: <i>Household Fun!</i> 3:15 Companion Time 3:30 Afternoon RA Activity: 3:30 Get Moving: <i>Basketball</i> 4:00 Companion Time</p>	<p>Happy Birthday Mary!</p> <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>1564 Shakespeare's B-Day</i> 10:00 Morning Walks 10:30 Get Moving: Balloon Bat 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: Yahtzee 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p>2:30 Folk Music at the House w/Michael</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Farming Sensory Box</i> 4:15 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>1564 Shakespeare's B-Day</i> 10:00 Morning Walks 10:30 Get Moving: Mini Golf 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: High Rollers 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p>2:30 Piano Music at the Commons w/Chris</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Sensory Matching Game</i> 4:15 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>“Keep close to Nature’s heart... and break clear away, once in awhile, and climb a mountain or spend a week in the woods. Wash your spirit clean.” —John Muir</p>