



The Country House and Commons



Weekly Activity Calendar Monday, April 11th through Sunday, April 17th 2016

Monday 11th Activities w/Carol	Tuesday 12th Activities w/Katie	Wednesday 13th Activities w/Carol	Thursday 14th Activities w/Katie
<p style="text-align: center;">Salon Day</p> <p style="text-align: center;"><i>Ageless Aviation Outing Bus Loads @8:30am</i></p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Barbershop Quartet Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Uno</i> 2:45 Group Activity: <i>Pixy Cubes</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1916: 1st Person in Space</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p style="text-align: center;">Staff Meeting 1:30pm</p> <p style="text-align: center;">2:30 Music at the House w/ Dorothy!</p> 	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Thomas Jefferson's Birthday</i></p>  <p>10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Finish the Phrase 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Kings in a Corner</i> 2:45 Group Activity: <i>Sensory Matching Game</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Conversation Ball</i> 4:00 Companion Time</p>	<p style="text-align: center;">Happy Birthday Marge!</p> <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Pecan Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p style="text-align: center;">Flower Arranging! 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Activity: <i>Nutz and Boltz</i> 4:00 Companion Time</p>
Friday 15th Activities w/ Bri	Saturday 16th Activities w/Katie	Sunday 17th Activities w/Bri	Key
<p style="text-align: center;"><i>Fun Friday</i></p> <p>Q: How many tickles to make an octopus laugh? A: Ten-Tickles!!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Titanic Sinks: 1912</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks Happy Hour! 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Stress Awareness Day</i> 10:00 Group Game: <i>Shake Loose A Memory</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;">2:30 Hymns at the House w/Donnie</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Pond Sensory Box</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>April Flower: Sweet Peas</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>BINGO</i> 2:45 Group Activity: <i>Gardening Sensory Bin</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Basketball</i> 4:00 Companion Time</p> 	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week: "The sun was warm but the wind was chill. You know how it is with an April day. When the sun is out and the wind is still, You're one month on in the middle of May. But if you so much as dare to speak, a cloud come over the sunlit arch, And wind comes off a frozen peak, And you're two months back in the middle of March." - Robert Frost</p>