

The Country House and Commons

Weekly Activity Calendar
Monday, April 10th through Sunday, April 16th 2017



Monday 10th Activities w/ Lee	Tuesday 11th Activities w/ Parvaneh	Wednesday 12th Activities w/ Lee	Thursday 13th Activities w/ Carol
<p>Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1st Pro Golf Tournament</i> 11:00 Sit & Be Fit: <i>Sit & Be Fit</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Egg Painting</i> 2:45 Group Game: <i>Egg Painting</i> 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Conversation Ball</i> 4:00 Companion Time</p> 	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Barbershop Quartet Day</i></p>  <p>11:00 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Stuff Easter Eggs</i> 2:45 Group Game: <i>Easter Sensory Bin</i> 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1st Person in Space</i> 11:00 Sit & Be Fit: <i>Sit & Be Fit</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Egg Dying</i> 2:45 Group Game: <i>Egg Dying</i> 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Conversation Ball</i> 4:00 Companion Time</p> 	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Thomas Jefferson's Bday</i> Flower Arranging! 10:00 @ House</p>  <p>11:30 Sit & Be Fit: <i>Senior Yoga</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p>STAFF MEETING 1:30pm</p> <p>2:15 Afternoon Walks to House for Music 2:30 Folk music at the House w/ Loki 3:30 Afternoon RA Activity: <i>Parachute Fun!</i></p>
Friday 14th Activities w/ Lee	Saturday 15th Activities w/ Nidia	Sunday 16th Activities w/ Nidia	Key
<p>Fun Friday Q: What flowers grow on faces? A: Tulips (Two-lips)!</p> <p>Happy Birthday Marge S.!</p>  <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Pecan Day</i> 11:00 Sit & Be Fit: <i>Sit & Be Fit</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Cookie Decorating</i> 2:45 Group Game: <i>Cookie Decorating</i> 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Conversation Ball</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Easter Egg Hunt!</i> 10:00 Table Game: 10:45 Spa at the Commons 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day</p> <p>Resident Family Easter Egg Hunt 2:00pm</p> 	<p>Happy Easter</p>  <p>Happy Birthday Andy!</p> <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Easter History</i> 11:00 Sit & Be Fit: <i>Senior Yoga</i> 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day <i>Easter Parade!!!</i></p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>The seasons are what a symphony ought to be: four perfect movements in harmony with each other.</p> <p>~Arthur Rubenstein</p>