



The Country House and Commons

Weekly Activity Calendar

Monday, May 4th through Sunday, May 10th 2015



Monday 4th Activities w/ Katie	Tuesday 5th Activities w/ Bre	Wednesday 6th Activities w/ Katie	Thursday 7th Activities w/ Markie
<p style="text-align: center;">Salon Day</p> <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>National Bird Day</i> 10:00 Table Game: <i>Yahtzee!</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Balloon Toss</i> 2:15 Afternoon Walks to House for Music 2:30 Songs w/ Dorothy At House 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:45 Companion Time 4:15 Group Game: <i>Color Dominoes</i></p>	<p style="text-align: center;">Happy Birthday Bob!</p>  <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Cinco De Mayo!!!</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p style="text-align: center;">Cinco De Mayo Party!</p> <p>1:45 @ House 2:45 @ Commons</p> <p>3:30 Afternoon RA Activity: <i>Soccer</i> 3:00 Companion Time 4:00 Companion Time</p>	<p style="text-align: center;">Happy Nurses Day</p>  <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Nurses Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Deal or no Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Kings in a Corner</i> 2:45 Group Game: <i>Race to the Finish</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:45 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Tourism Hot Spots</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p style="text-align: center;">Flower Arranging!</p> <p>1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Table Game: <i>Bingo</i> 4:00 Companion Time</p>
Friday 8th Activities w/ Bre	Saturday 9th Activities w/ Bre	Sunday 10th Activities w/ Katie	Key
<p style="text-align: center;">Fun Friday</p> <p style="text-align: center;"><i>A good mom lets you lick the beater. A great mom turns them off first!</i></p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1945 V-Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p style="text-align: center;">Therapy Bunnies Visit!</p> <p>1:45 @ House 2:45 @ Commons</p> <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:45 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:30 Spa at the House</p>  <p>11:30 Sit & Be Fit Exercises 11:45 Morning Gathering: <i>Shrimp Shrimp Shrimp</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game:</p>  <p>2:45 Afternoon Walks 3:15 Sit & Be Fit: <i>Yoga & Meditation</i> 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	 <p style="text-align: center;">Mother's Day Brunch</p> <p style="text-align: center;">11:00am Backyard @House</p> <p>2:00 Group Game: <i>High Rollers</i> 3:00 Group Game: 3:30 Afternoon RA Activity <i>Basketball</i> 4:00 Companion Time</p>	<p style="text-align: center;">Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p style="text-align: center;">Quote of the Week:</p> <p style="text-align: center;">“Mothers hold their chil- dren’s hands for a short while, but their hearts for- ever.”</p> <p style="text-align: center;">~Anonymous</p>