



The Country House and Commons

Weekly Activity Calendar

Monday, May 11th through Sunday, May 17th 2015



Monday 11th Activities w/ Katie	Tuesday 12th Activities w/ Bre	Wednesday 13th Activities w/ Katie	Thursday 14th Activities w/ Markie
<p style="text-align: center;">Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Eat What You Want Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Trivia! 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Table Game: <i>High Rollers</i> 2:45 Group Game: <i>Teddy Bear Bingo!</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p style="text-align: center;">Happy Birthday Helen!</p>  <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1907 Katharine Hepburn Bday</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Card Game: <i>Kings in a Corner</i> 2:45 Group Activity: <i>Race to the Finish</i> 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:30 Get Moving: <i>Hoola Hoop Ball</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>National Apple Pie Day</i> 10:00 Table Game: <i>Bingo!</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at House</p> <p style="text-align: center;">Staff Meeting <i>1:30 pm</i></p> <p>2:15 Afternoon Walks to House for Music 2:30 Songs with Dorothy At House 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i></p>	<p style="text-align: center;">Happy Birthday Mickie!</p> <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1878 Vaseline Hits Shelves</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p style="text-align: center;">Flower Arranging! 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Table Game: <i>Dominoes</i> 4:00 Companion Time</p>
<p>Friday 15th Activities w/ Bre</p>	<p>Saturday 16th Activities w/ Bre</p>	<p>Sunday 17th Activities w/ Katie</p>	<p>Key</p>
<p style="text-align: center;">Fun Friday</p> <p>Q: I told my friend that she drew her eyebrows on too high. A: She looked surprised!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Bike to Work Day</i> 10:45 Morning Walks to House for Music 11am "One Accord" Women's Choir @ House 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Shake Loose a Memory</i> 2:45 Sit & Be Fit: <i>Dance Party!!</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:45 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	 <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>1866 Root Beer Invented</i> 10:00 Table Game: <i>Yahtzee!</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Deal or no Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Balloon Toss</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House 2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Matching Card Game</i></p>	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>18751st Kentucky Derby</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 The Price is Right! 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Table Game: <i>Sequence</i> 2:45 Group Game: <i>Color Dominoes</i> 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week: "The wind is tossing the li-lacs, The new leaves laugh in the sun, And the petals fall on the orchard wall, But for me the spring is done. Beneath the apple blossoms I go a wintry way, For love that smiled in April Is false to me in May." - Sara Teasdale, May</p>