



The Country House and Commons



Weekly Activity Calendar Monday, March 2nd through Sunday, March 8th 2015

Monday 2nd Activities w/ Katie	Tuesday 3rd Activities w/ Devyn& Markie	Wednesday 4th Activities w/ Katie & Devyn	Thursday 5th Activities w/ Devyn & Markie
<p>Salon Day</p>  <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Dr. Seuss Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Sing -A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Afternoon Activity: <i>Shake Loose a Memory</i> 2:45 Group Game: <i>Color Dominoes</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Anthem Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Table Game: <i>High Rollers</i> 2:45 Group Game: <i>Race to the Finish</i> 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>Happy Birthday Daniell!</p> <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>1789 USA Constitution</i> 10:00 Table Game: <i>Yahtzee</i> 10:45 Spa at the Commons 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Guess the Location... 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Hoola Hoop Ball</i> 2:15 Afternoon Walks to House for Music 2:30 Songs w/ Dorothy at House 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:45 Companion Time 4:15 Group Game: <i>Bulls Eye!</i></p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Ash Wednesday</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Anagram Fun! 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Flower Arranging! 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Card Game: <i>UNO!</i> 4:00 Companion Time</p>
Friday 6th Activities w/ Katie	Saturday 7th Activities w/ Katie	Sunday 8th Activities w/ Katie	Key
<p>Fun Friday</p> <p>Q: Why can't you play games in the jungle?</p> <p>A: Because there's always gonna be a cheetah!</p> <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Oreo Day...yum</i> 10:45 Sit & Be Fit: <i>Groovin & Moovin</i> 11:00 Piano with Marie White @ Commons 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <p>Baking: Oreo Treats 1:45 @ House 2:45 @ Commons</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>1876 Telephone Patented</i> 10:00 Table Game: <i>Dominoes</i> 10:45 Spa at the Commons 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Balloon Toss</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Letters & Numbers</i></p>	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Daylight Savings</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Bingo</i> 2:45 Group Activity: <i>Matching Card Game</i> 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>If we had no winter, the spring would not be so pleasant; if we did not sometimes taste of adversity, prosperity would not be so welcome.</p> <p>~Anne Bradstreet</p>