



# The Country House and Commons

Weekly Activity Calendar  
Monday, March 16th through Sunday, March 22nd 2015



Monday 16th Activities w/ Devyn	Tuesday 17th Activities w/ Devyn	Wednesday 18th Activities w/ Katie	Thursday 19th Activities w/ Katie
<p style="text-align: center;"><b>Salon Day</b></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>March Birthstone: Bloodstone</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks to House for Music 1:30 Accordion Music With Kathleen at House 2:45 Group Game: <i>Color Dominoes</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Table Game: Bingo! 4:00 Companion Time</p>	 <p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>St. Patty's Day!!</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p style="text-align: center;"><b><u>St. Patty's Day Parties!</u></b> 1:45 @ House 2:45 @ Commons</p> <p>3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	 <p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>Ntl. Oatmeal Cookie Day</i> 10:00 Spa at the House 10:45 Spa at the Commons 11:15 Sit &amp; Be Fit: <i>Yoga &amp; Meditation</i> 11:30 Sing -A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Table Game: <i>High Rollers</i> 2:45 Group Game: <i>Matching Card Game</i> 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Let's Laugh Day!!</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p style="text-align: center;"><b><u>Flower Arranging!</u></b> 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Card Game: <i>UNO!</i> 4:00 Companion Time</p>
Friday 20th Activities w/ Katie	Saturday 21st Activities w/ Katie	Sunday 22nd Activities w/ Katie	Key
<p style="text-align: center;"><b>Happy Birthday Dot!</b></p> <p style="text-align: center;"><b>Fun Friday</b></p> <p><b>Q: When is an Irish Potato not an Irish Potato?</b> <b>A: When it's a French fry!</b></p> <p>9:30 Spa at the House</p> <p style="text-align: center;"><b>RESIDENT LUNCH OUTING Load @ 10:30 AM</b></p> <p>11:00 Morning Walks 11:30 Sit &amp; Be Fit: <i>Dance Party!!</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:30 Group Game: Race to the Finish 1:45 Spa at the Commons 2:30 Group Game: <i>Yahtzee!</i> 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Companion Time 4:00 Get Moving: <i>Hoola Hoop Ball</i></p>	<p style="text-align: center;"><b>Happy Birthday Larry!!</b></p> <p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>National Quilting Day</i> 10:00 Table Game: <i>Trash Card Game</i> 10:45 Spa at the Commons 11:15 Sit &amp; Be Fit: <i>Yoga &amp; Meditation</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Balloon Toss</i> 2:15 Afternoon Walks to House for Music 2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Mini Golf</i></p>	 <p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>World Water Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Table Game: <i>Dominoes</i> 2:45 Group Game: <i>Race to the Finish</i> 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House &amp; Commons Both Houses meeting in the Country House Living Room</p> <p style="text-align: center;"><b>Quote of the Week:</b></p> <p>Spring makes its own statement, so loud and clear that the gardener seems to be only one of the instruments, not the composer.</p> <p style="text-align: right;"><i>~Geoffrey B. Charlesworth</i></p>