



The Country House and Commons

Weekly Activity Calendar

Monday, June 15th through Sunday, June 21st 2015



Monday 15th Activities w/ Katie	Tuesday 16th Activities w/ Katie	Wednesday 17th Activities w/ Katie	Thursday 18th Activities w/ Bre
<p>Salon Day</p>  <p>9:30 Morning walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1775 George Washington commander-in-chief</i> 10:45 Morning walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the house 1:45 Group Game: <i>Kings in the Corner</i> 2:45 Group Activity: <i>Matching Card Game</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>9:30 Morning walks 10:00 Table Game: <i>BINGO</i> 10:45 Morning walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Guess that Location... 12:00 Lunch 1:00 Movie of the Day 1:00 Sit & Be Fit Exercises 1:15 Morning Gathering: <i>Eat your veggies day</i> 1:30 Companion Time 2:00 Get Moving: <i>Balloon Toss</i> 2:15 Afternoon Walks to House for Music 2:30 Accordion music with Kathleen at house</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Race to the Finish</i></p>	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1885 Statue of Liberty</i></p>  <p>10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Sing a long 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p>Baking with Mel 1:45 @ House 2:45 @ Commons</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Kick ball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>Breakfast Outing to Country Waffles 8:15am</p> <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Go fishing day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Flower Arranging! 1:45 @ Commons 2:45 @ House</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Table Game: <i>Trash Card Game</i> 4:00 Companion Time</p>
Friday 19th Activities w/ Bre	Saturday 20th Activities w/ Bre	Sunday 21st Activities w/ Katie	Key
<p>Fun Friday Q: How do you prevent a Summer cold? A: Catch it in the Winter!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1964 Civil Rights Act</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <p>Therapy Bunnies Visit 1:30 @ House 2:30 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>World jugglers day!</i> 10:00 morning walks 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Table Game: <i>Dominoes</i> 1:30 Companion Time 2:00 Get Moving: <i>Basketball</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Teddy Bear BINGO</i></p>	<p>9:30 Morning walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Summer solstice</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Deal or No Deal</p>  <p>12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Yahtzee</i> 2:45 Group Activity: <i>Bulls Eye!</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Basketball</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>Oh, the summer night Has a smile of light And she sits on a sapphire throne. ~Barry Cornwall</p>