



The Country House and Commons

Weekly Activity Calendar

Monday, June 29th through Sunday, July 5th 2015



Monday 29th Activities w/ Katie	Tuesday 30th Activities w/ Bre	Wednesday 1st Activities w/ Katie	Thursday 2nd Activities w/ Bre
<p>Salon Day</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National waffle day</i></p>  <p>10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Farkle</i> 2:45 Group Activity 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Acrobat crosses Niagara Falls</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>High Rollers</i> 2:45 Group Activity: <i>4th of July Sorting Game</i></p>  <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Hoola Hoop Basketball</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:00 Table Game: <i>Kings in a Corner</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Sit & Be Fit Exercises 1:15 Morning Gathering: <i>International joke day</i> 1:30 Companion Time 2:00 Motor Game: <i>Hoola Hoop Ball</i> 2:15 Afternoon Walks to House for Music 2:30 Songs w/ Dorothy At House</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Companion Time 4:15 Group Game: <i>Roll a Flag</i></p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>World UFO day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p>Flower Arranging! 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Dominoes</i> 4:00 Companion Time</p>
Friday 3rd Activities w/ Bre	Saturday 4th Activities w/ Bre	Sunday 5th Activities w/ Katie	Key
<p>Fun Friday What did one flag say to the other flag? Nothing. It just waved!</p>  <p>9:30 Morning walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Plastic bag free day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 4th of July trivia 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House Baking with Mel 1:45 @ House 2:45 @ Commons 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Group Game: <i>4th of July BINGO</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Independence Day</i> 10:00 4th of July Conversation starters 10:15 Walks to house for 4th of July Party</p> <p>4th of July party! 10:30 at Country house Backyard</p> <p>12:00 Lunch 1:00 Movie of the Day 1:30 Companion Time 2:00 Motor Game: <i>Race to the Finish</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House 2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>4th of July Sensory Bin</i></p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Bikini makes debut 1946</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Deal of No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Sequence</i> 2:45 Group Game: <i>Model Magic</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>This nation will remain the land of the free only so long as it is the home of the brave. Elmer Davis</p> 