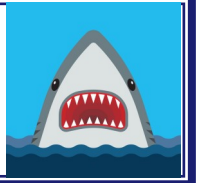


The Country House and Commons

July 23rd - 29th

Shark Week!



Monday the 23rd With Lee	Tuesday the 24th With Liz	Wednesday the 25th With Lee	Thursday the 26th With Liz
<p>9:45 Morning Gathering: HBD Emile Jannings 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Companion Time 12:00 Lunch 1:00 Music Appreciation 1:00 Get Moving: Ball toss</p> <p><u>Pumpkin Visits!</u> 1:30 @ House 2:15 @ Commons</p> <p>2:45 Spa at the House 3:30 R.A. Activity: <i>Nuts and Bolts</i> 3:45 Get Moving: Bean bag toss 4:15 Reading 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: Machu Pichu discovered 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:00 Montessori with Liz 2:00 Get Moving: Balloon Volleyball 2:30 Get Moving: Balloon Toss 3:00 Group Game: Shark "Roll and Cover" 3:30 R.A Activity: Pixy Cubes 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p> 	<p>9:45 Morning Gathering: First "test tube" baby born 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:00 Walks to Music</p> <p><u>Music With Pam</u> 1:15</p> <p>2:30 R.A Activity: Barrel of Monkeys 3:00 Get moving: Parachute 4:00 Reading 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: U.S. Postal system founded 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:30 Walks to House for flowers</p> <p><u>Flower Arranging!</u> 2:00</p> <p>2:30 R.A Activity: <i>Nuts and Bolts</i> 3:30 Get Moving: Golf 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p>
Friday the 27th With Lee	Saturday the 28th With Liz	Sunday the 29th With Carol and Kathy	Key
<p>9:45 Morning Gathering: First jet makes test flight 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Companion Time 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House</p> <p><u>Bible Study with Lee</u> 1:45 @ Commons 2:45 @ House</p> <p>3:30 Get Moving: Beanbag Toss 3:30 R.A Activity: Teddy Bear Bingo 4:00 Reading 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: 14th amendment adopted 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Montessori with Liz 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House</p> <p><u>Art</u> Watercolor Sea Painting 2:00 House 3:00 @ Commons</p> <p>3:30 Get Moving: Bowling 3:30 Afternoon RA Activity: <i>Ball Toss</i> 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p>	<p>Riddle: What do you get from a bad-tempered shark?</p> <p>10:00 Morning Gathering: NASA created 10:15 Sit & Be Fit 10:30 Companion Time 11:15 Companion Time 12:00 Lunch 2:00 Snacks with Kathy 2:30 Afternoon Walks (Weather permitting) 3:00 Group Activity: Chat Pack 5:45 R.A activity: Nail Cleaning 6:00 Movie of the Day</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons</p> <p>Fun Fact: Whale sharks are not only the largest shark species; they are also the largest fish in the world at 40 feet long.</p>

