

The Country House and Commons

Weekly Activity Calendar

Monday, July 13h through Sunday, July 19th 2015



Monday 13th Activities w/ Katie	Tuesday 14th Activities w/ Katie	Wednesday 15th Activities w/ Katie	Thursday 16th Activities w/ Bre
<p style="text-align: center;">Salon Day</p>  <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1898 Radio Patented</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Shake Loose a Memory</i> 2:45 Group Activity: <i>Teddy Bear BINGO</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Hula Hoop Basketball</i> 4:00 Companion Time</p>	<p style="text-align: center;">Happy Birthday Vall!</p> <p>9:30 Morning Walks 10:00 Table Game: <i>Farkle</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Sit & Be Fit Exercises 1:15 Morning Gathering: <i>July Flower: Larkspur</i> 1:30 Companion Time 2:00 Group Game: <i>Bulls Eye!</i> 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;">2:30 Accordion Music w/ Kathleen At House</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Volleyball</i></p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Blueberry Month</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p style="text-align: center;"><u>Baking with Mell!</u> 1:45 @ House 2:45 @ Commons</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Bingo!</i> 4:00 Companion Time</p> 	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Picnic Month</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p style="text-align: center;"><u>Flower Arranging!</u> 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>UNO</i> 4:00 Companion Time</p>
Friday 17th Activities w/ Bre	Saturday 18th Activities w/ Bre	Sunday 19th Activities w/ Bre	Key
<p style="text-align: center;">Fun Friday</p> <p><i>How did American colonists' dogs protest against England?</i></p> <p style="text-align: center;"><i>The Boston Flea Party!</i></p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1955 Disneyland Opens!</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Kings in a Corner</i> 2:45 Group Activity: <i>Painting and Stamping</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Tennis</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:00 Table Game: <i>High Rollers</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Sit & Be Fit Exercises 1:15 Morning Gathering: <i>July Flower: Larkspur</i></p>  <p>1:30 Companion Time 2:00 Group Game: <i>Balloon Toss</i> 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;">2:30 Folk Music w/ Michael At House</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Race to the Finish</i></p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>July Birthstone: Ruby</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Guess that Location... 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Yahtzee</i> 2:45 Group Activity: <i>Matching Card Game</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p> 	<p style="text-align: center;">Country House Country Commons Special Events or Outings Lunch</p> <p style="text-align: center;">Country House & Commons Both Houses meeting in the Country House Living Room</p> <p style="text-align: center;">Quote of the Week:</p> <p style="text-align: center;"><i>"Hot July brings cooling showers, Apricots and gilly flowers."</i></p> <p style="text-align: center;"><i>- Sara Coleridge, Pretty Lessons in Verse</i></p>