



Family Style Care for Seniors

Country Village

The Country Village Newsletter

The Country House - The Commons - The Country Club

January 2016

Birthdays and Major January Events

Here you'll find all our major events for January. Please see Markie with questions!

- 1/1 Happy New Year!
- 1/2 Hymns with Donnie 2:30pm
- 1/6 Songs with Dorothy 2:30pm
- 1/8 Bunnies Visit! 1:30 House, 2:30 Commons
- 1/9 Songs with Michael 2:30pm
- 1/13 Songs with Dorothy 2:30pm
- 1/16 Hymns with Donnie 2:30pm
- 1/18 Humane Society Visits 1:30 CH, 2:15 CMS
- 1/19 Accordion music with Kathleen 2:30pm
- 1/20 Baking with Mel! 1:45 House, 2:45 CMS
- 1/21 Lunch Outing 10:30
- 1/23 Songs with Michael 2:30pm
- 1/25 Visits from Pumpkin 1:30 House, 2:15 CMS
- 1/27 Songs with Kathleen 2:30pm
- 1/28 Indoor Picnic! Noon at both houses
- 1/29 Happy Hour 1:45 House, 2:45 Commons

Outreach...

**Adult Day Program
"The Club"
Wednesdays & Fridays
10:00am - 2:00pm**

Our Club Program is specially designed for seniors looking for enjoyable social and educational activities in a small group setting. Located in a safe environment along with a guided instructor; the Club offers a wide array of social interaction from internet travel and news, exercise classes, assortment of games, fun Chico outings, delicious lunch and much more.

Saying Goodbye...

We are deeply saddened to say goodbye to Oswaldo Rosette. We will miss your sweet smile and positive attitude. Our hearts go out to the family.

Welcome...

We would like to take the time to welcome Gene to the Country House. We hope you enjoy your stay here as much as we've enjoyed having you here so far!

New Gate Code...

Starting January 1st, the new gate code will be 2016 for both houses (in and out). Thanks for helping keep our Residents safe. Happy New Year!

Dear Country Village Families and Friends,

Helping to Keep Our New Year's Resolutions to be Healthier



Many of you may already be aware of the health benefits of using essential oils. Several of my staff, including myself, use them for sleep, better digestion, calming, smoother skin (just look at Mel's beautiful face) allergies, and so many more ways to stay healthy naturally. We are defusing some of the calming oils in both houses. Research done by several major hospitals has shown that defusing oils has a very positive effect.

Linda Nilsen, R.N. will be giving a class on the various uses of oils on Saturday, January 9 from 10-12 in the meeting room at the Commons. You are all welcomed to stay for lunch. We just need to know how many to plan for so please RSVP to Christy, Markie, Kelley or me. There is no charge and no obligation.

Lyn



Activities...



**Thanks for a great 2015!
Here's a look back at all the fun times we had
Here at the Country Village**



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