



The Country House and Commons



Weekly Activity Calendar Monday, February 2nd through Sunday, February 8th 2015

Monday 2nd Activities w/ Katie & Devyn	Tuesday 3rd Activities w/ Devyn & Markie	Wednesday 4th Activities w/ Katie & Devyn	Thursday 5th Activities w/ Devyn & Markie
<p style="text-align: center;">Salon Day</p>  <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Ground Hog Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Table Game: <i>Farkle Dice Game</i> 2:45 Group Game: <i>Shut the Box</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Hoola Hoop Ball</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Carrot Cake Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Sequence</i> 2:45 Group Activity: <i>Matching Card Game</i> 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:30 Table Game: <i>Kings in a Corner</i> 4:00 Companion Time</p>	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Black History Month</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Deal or no Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 1:45 Group Activity: <i>Mini Golf</i> 2:15 Afternoon Walks to House for Music 2:30 Songs w/ Dorothy at House 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Weatherman Appreciation</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks Flower Arranging! 1:45 @ House 2:45 @ Commons  3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>
Friday 6th Activities w/ Katie	Saturday 7th Activities w/ Katie	Sunday 8th Activities w/ Katie	Key
<p style="text-align: center;">Fun Friday</p> <p>Q: Why did the banana go out with the prune?</p> <p>A: Because it couldn't get a date!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1971 Astronaut Hits</i> <i>Golf Balls Off Moon!</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Finish the Phrase! 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks Therapy Bunnies Visit 1:30 @ House 2:30 @ Commons 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Table Game: <i>Bingo!</i> 4:00 Afternoon Walks</p>	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1964 Beatles 1st Tour</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 1:45 Group Activity: <i>Soccer</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House 2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1910 Boy Scouts Founded</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Reading: <i>Chicken Soup for the Soul</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Activity: <i>Dominoes</i> 2:45 Group Game: <i>Race to the Finish</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home."</p> <p>- Edith Sitwell</p>