

# The Country House and Commons

## Weekly Activity Calendar

Monday, August 31st through Sunday, September 6th 2015



Monday 31st Activities w/ Katie	Tuesday 1st Activities w/ Katie	Wednesday 2nd Activities w/ Katie	Thursday 3rd Activities w/ Bre
<p style="text-align: center;"><b>Salon Day</b></p>  <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Farmer's Market</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House</p> <p><b>Visits From Pumpkin</b> 1:30 @ House 2:15 @ Commons</p> <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1939 beginning of WWII</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Deal or No Deal <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>High Rollers</i> 2:45 Group Activity: <i>Puzzle</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p> 	<p style="text-align: center;"><b>Happy Birthday Marilyn C.!</b></p> <p>9:30 Sit &amp; Be Fit Exercises 10:00 Group Game: <i>Kings in the Corner</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Sing- A- Long <b>12:00 Lunch</b> 1:00 Movie of the Day 1:15 Morning Gathering: <i>V-J Day</i> 1:30 Companion Time 2:00 Group Activity: <i>Race To The Finish</i> 2:15 Afternoon Walks to <i>House for Music</i> <b>2:30 Songs w/ Dorothy At House</b> 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Companion Time 4:15 Group Game: <i>Household Fun</i></p> 	 <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1813 1st image of Uncle Sam</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p><b>Flower Arranging!</b> 1:45 @ House 2:45 @ Commons</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Yahtzee</i> 4:00 Companion Time</p>
Friday 4th Activities w/ Bre	Saturday 5th Activities w/ Bre	Sunday 6th Activities w/ Bre	Key
<p style="text-align: center;"><b>Fun Friday</b></p> <p style="text-align: center;"><b>Q: What is a tree's least favorite month?</b> <b>A: Sep-timber!</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Newspaper Carriers Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Internet Travel <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Bingo!</i> 2:45 Group Activity: <i>Sensory Matching Game</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Tennis</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:00 Table Game: <i>Farkle</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga &amp; Meditation</i> 11:30 Wheel of Fortune <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Sit &amp; Be Fit Exercises 1:15 Morning Gathering: <i>Mini Golf Day</i> 1:30 Companion Time 2:00 Group Activity: <i>Bulls Eye</i> 2:15 Afternoon Walks to <i>House for Music</i> <b>2:30 Folk Music w/ Michael At House</b> 2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Basketball</i></p> 	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Classical Music Month</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Guess that Location <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Dominoes</i> 2:45 Group Activity: <i>Matching Card Game</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p> 	<p style="text-align: center;"><b>Country House</b> <b>Country Commons</b> <b>Special Events or Outings</b> <b>Lunch</b> <b>Country House &amp; Commons</b> <b>Both Houses meeting in the Country House Living Room</b></p> <p style="text-align: center;"><b>Quote of the Week:</b></p> <p style="text-align: center;"><b>"By all these lovely tokens September days are here, With summer's best of weather And autumn's best of cheer."</b> Helen Hunt Jackson, <i>September, 1830-1885</i></p>