



The Country House and Commons

August 27th — September 2nd



Monday the 27th With Lee	Tuesday the 28th With Liz	Wednesday the 29th With Lee	Thursday the 30th With Liz
<p>9:45 Morning Gathering: The "Guinness Book of World Records" debuts 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Companion Time 12:00 Lunch 1:00 Music Appreciation</p> <p><u>Pumpkin Visits!</u> 1:30 @ House 2:15 @ Commons</p> <p>2:00 Spa at the House 3:00 Get Moving: Balloon Toss 3:30 R.A. Activity: Nuts and Bolts 3:30 Get Moving: Golf 4:00 Reading 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: Zulu King captured 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:00 Montessori with Liz 2:00 Get Moving: Balloon Volleyball 3:00 Get Moving: Beanbag toss 3:30 R.A Activity: Pixy Cubes 4:00 Reading 5:45 R.A activity: Nail Cleaning</p> 	<p>9:45 Morning Gathering: Ishi, Native American, 'discovered' in Oroville 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:00 Walks to the house for music</p> <p><u>Music With Pam</u> 1:15 CMS</p> <p>2:30 R.A Activity: Barrel of Monkeys 3:00 Get moving: Bowling 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: First African American in space 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:30 Walks to House for flowers</p> <p><u>Flower Arranging!</u> 2:00 House</p> <p>2:30 R.A Activity: Nuts and Bolts 3:00 Get Moving: Target game 3:30 Get Moving: Bean Bag Toss 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p>
Friday the 31st With Lee	Saturday the 1st With Liz	Sunday the 2nd With Carol and Kathy	Key
<p>9:45 Morning Gathering: Edison patents the kinetograph 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Trips to the Pool 12:00 Lunch 1:00 Music Appreciation</p> <p><u>End of Summer Pool Party!</u> 11:00 - 2:00 House</p> <p>2:30 Spa at the House 3:30 R.A Activity: Teddy Bear Bingo 4:00 Reading 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: PT Barnum brings Jenny Lind to New York 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Montessori with Liz 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House</p> <p><u>Popcorn Bar & Movie</u> 2:00 @ House 3:00 @ Commons</p> <p>3:30 Afternoon RA Activity: Ball Toss 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p>	<p>WHAT DOES A VEGETABLE WEAR TO THE BEACH?</p>  <p>10:00 Morning Gathering: First ATM opens 10:15 Sit & Be Fit 10:30 Companion Time 11:15 Companion Time 12:00 Lunch 2:00 Snacks with Kathy 2:30 Afternoon Walks (Weather permitting) 3:00 Group Activity: Chat Pack 5:45 R.A activity: Nail Cleaning 6:00 Movie of the Day</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons</p> <p><u>Quote of the Week</u></p> <p><i>"Summer afternoon; to me those have always been the two most beautiful words in the English language."</i></p> <p>- Henry James</p>