



# The Country House and Commons

## Weekly Activity Calendar

Monday, August 24th through Sunday, August 30th 2015



Monday 24th Activities w/ Katie	Tuesday 25th Activities w/ Katie	Wednesday 26th Activities w/ Katie	Thursday 27th Activities w/ Katie
<p style="text-align: center; color: #e91e63; font-weight: bold;">Salon Day</p>  <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>National Waffle Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>UNO</i> 2:45 Group Activity: <i>Colored Dominoes</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Balloon Tennis</i> 4:00 Companion Time</p>	<p style="color: #e91e63; font-weight: bold;">Happy Birthday Marilyn J.!!</p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>A. Earhart completes first flight 1932</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Scrabble</i> 2:45 Group Activity: <i>Summer Sensory Bin</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p> 	<p>9:30 Sit &amp; Be Fit Exercises 10:00 Group Game: <i>Shake Loose a Memory</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day 1:15 Morning Gathering: <i>1928 Steam Boat Willie</i> 1:30 Companion Time 2:00 Group Activity: <i>Checkers</i> 2:15 Afternoon Walks to House for Music</p> <p style="color: #e91e63; font-weight: bold;">2:30 Songs w/ Dorothy At House</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Companion Time 4:15 Group Game: <i>Sensory Matching Game</i></p> 	<p style="text-align: center; color: #e91e63; font-weight: bold;">Breakfast Outing to Italian Cottage 8:00am</p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Banana Lovers Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p style="color: #e91e63; font-weight: bold;">Flower Arranging!</p> <p>1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Apples to Apples</i> 4:00 Companion Time</p>
Friday 28th Activities w/ Bre	Saturday 29th Activities w/ Bre	Sunday 30th Activities w/ Bre	Key
<p style="color: #e91e63; font-weight: bold;">Fun Friday</p> <p style="color: #008000; font-weight: bold;">Q: What did the tree say to autumn? A: leaf me alone!</p>  <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>" have a Dream Speech"</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Trash Card Game</i> 2:45 Group Activity: <i>Nuts and Bolts</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:00 Table Game: <i>High Rollers</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga &amp; Meditation</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Sit &amp; Be Fit Exercises 1:15 Morning Gathering: <i>Mary Poppins Debuts</i> 1:30 Companion Time 2:00 Group Activity: <i>Matching Card Game</i> 2:15 Afternoon Walks to House for Music</p> <p style="color: #e91e63; font-weight: bold;">2:30 Accordion music w/ Kathleen At House</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Basketball</i></p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>International Bacon Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Guess that Location 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Kings in the Corner</i> 2:45 Group Activity: <i>Model Magic</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p> 	<p style="color: #000080; font-weight: bold;">Country House Country Commons Special Events or Outings Lunch Country House &amp; Commons Both Houses meeting in the Country House Living Room</p> <p style="color: #e91e63; font-weight: bold;">Quote of the Week:</p> <p style="font-weight: bold;">'Tis the last rose of summer, left blooming alone; All her lovely companions are faded and gone."</p> <p>- Thomas Moore, 1830 <i>The Last Rose of Summer,</i></p>