



The Country House and Commons

Weekly Activity Calendar

Monday, August 17th through Sunday, August 23rd 2015



Monday 17th Activities w/ Katie	Tuesday 18th Activities w/ Katie	Wednesday 19th Activities w/ Katie	Thursday 20th Activities w/ Bre
<p style="text-align: center;">Salon Day</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Thrift Shop Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <p>Humane Society Dog Visits: 1:30 @ House 2:15 @ Commons</p> <div style="text-align: center;"></div> <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Cupcake Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud 12:00 Lunch </p> <p>1:00 Movie of the Day 1:00 Spa at the Commons 2:00 Group Game: <i>Bulls Eye!</i> 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;">2:30 Accordion Music w/ Kathleen At House</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Volleyball</i> </p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Aviation Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p style="text-align: center;">Baking with Mel!</p> <p>1:45 @ House 2:45 @ Commons</p> <div style="text-align: center;"></div> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Bingo!</i> 4:00 Companion Time</p>	<p style="text-align: center;">Flower Arranging!</p> <p>1:45 @ House 2:45 @ Commons</p> <div style="text-align: center;"></div> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Shake Loose A Memory</i> 4:00 Companion Time</p>
Friday 21st Activities w/ Bre	Saturday 22nd Activities w/ Bre	Sunday 23rd Activities w/ Katie	Key
<p style="text-align: center;">Fun Friday</p> <p>Q: What happens to a frog's car when it breaks down? A: It gets toad away!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Senior Citizen Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <p style="text-align: center;">1:45 Back to School Community Service Project</p> <p>2:45 Group Activity: <i>Matching Card Game</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p> <div style="text-align: center;"></div>	<div style="text-align: center;"></div> <p>9:30 Morning Walks 10:00 Table Game: <i>Yahtzee</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Sit & Be Fit Exercises 1:15 Morning Gathering: <i>Mona Lisa Stolen 1911</i> 1:30 Companion Time 2:00 Group Activity: <i>Summer Sensory Bin</i> 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;">2:30 Folk Music w/ Michael At House</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game:</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Planet Earth</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Scrabble</i> 2:45 Group Activity: <i>Ice Cream Sensory Bin</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p> <div style="text-align: center;"></div>	<p style="text-align: center;">Country House Country Commons Special Events or Outings Lunch</p> <p style="text-align: center;">Country House & Commons Both Houses meeting in the Country House Living Room</p> <p style="text-align: center;">Quote of the Week:</p> <p style="text-align: center;">“I may not have gone where I intended to go, but I think I have ended up where I needed to be.”</p> <p style="text-align: center;">~ Douglas Adams</p>