



The Country House and Commons

Weekly Activity Calendar

Monday, August 10th through Sunday, August 16th 2015



Monday 10th Activities w/ Katie	Tuesday 11th Activities w/ Katie	Wednesday 12th Activities w/ Katie	Thursday 13th Activities w/ Bre
<div style="text-align: center;"> Salon Day</div> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National S'mores Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Kings in a Corner</i> 2:45 Group Activity: <i>Ice Cream Sensory Bin</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p> <div style="text-align: center;"></div>	<div style="text-align: center;"> Ice Cream Social!</div> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Family Fun Month</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <div style="text-align: center;"> Ice Cream Social! 1:45 @ House 2:45 @ Commons</div> <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Islands</i> 10:00 Group Game: <i>UNO</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <div style="text-align: center;"> Staff Meeting 1:30pm</div> <p>2:15 Afternoon Walks to House for Music 2:30 Songs w/ Dorothy At House 3:30 Afternoon RA Activity: <i>Kick Ball</i></p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Left Hander's Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Guess that Location 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p>Flower Arranging! 1:45 @ House 2:45 @ Commons</p> <div style="text-align: center;"></div> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Farkle</i> 4:00 Companion Time</p>
Friday 14th Activities w/ Bre	Saturday 15th Activities w/ Bre	Sunday 16th Activities w/ Katie	Key
<p style="text-align: center;"><i>Fun Friday</i> Q: What do you call a fake noodle? A: An Impasta!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Superstitions</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <p style="text-align: center;">Bunnies!! 1:30 @ House 2:30 @ Commons</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p> <div style="text-align: right;"></div>	<p>9:30 Morning Walks 10:00 Table Game: <i>Bingo!</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Sit & Be Fit Exercises 1:15 Morning Gathering: <i>Relaxation Day</i> 1:30 Companion Time 2:00 Group Game: <i>Race to the Finish</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House</p> <div style="text-align: center;"></div> <p>2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game:</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>August Flower: Poppy</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>High Rollers</i> 2:45 Group Activity: <i>Summer Sensory Bin</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p> <div style="text-align: center;"></div>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week: Life is about the journey, not the destination. ~ Ralph Waldo Emerson</p>