



# The Country House and Commons

Weekly Activity Calendar  
Monday, April 6th through Sunday, April 2015



| Monday 6th<br>Activities w/ Katie  | Tuesday 7th<br>Activities w/ Devyn & Markie   | Wednesday 8th<br>Activities w/ Katie & Devyn  | Thursday 9th<br>Activities w/ Devyn & Markie   |
|--|---|---|--|
| <p><b>Happy Birthday Diane!!</b></p> <p><b>Salon Day</b></p> <p>9:30 Spa at the House<br/>10:15 Sit &amp; Be Fit Exercises<br/>10:30 Morning Gathering:<br/><i>1896 1st Olympics in Athens</i></p>  <p>10:45 Morning Walks<br/>11:15 Sit &amp; Be Fit:<br/><i>Exercise w/ Noodles</i><br/>11:30 Wheel of Fortune<br/>12:00 Lunch<br/>1:00 Movie of the Day<br/>1:00 Afternoon Walks<br/>1:45 Table Game:<br/><i>Bingo!</i><br/>2:45 Group Game:<br/><i>Matching Card Game</i><br/>3:00 Companion Time<br/>3:30 Afternoon RA Activity:<br/><i>Balloon Bat</i><br/>3:30 Get Moving:<br/><i>Bean Bag Toss</i><br/>4:00 Companion Time</p> |  <p>9:30 Spa at the Commons<br/>10:15 Sit &amp; Be Fit Exercises<br/>10:30 Morning Gathering:<br/><i>Musical, South Pacific,<br/>Hits Broadway 1949</i><br/>10:45 Morning Walks<br/>11:15 Sit &amp; Be Fit:<br/><i>Groovin &amp; Moovin</i><br/>11:30 Trivia!<br/>12:00 Lunch<br/>1:00 Movie of the Day<br/>1:00 Afternoon Walks<br/>1:45 Table Game:<br/><i>Dominoes</i><br/>2:45 Group Game:<br/><i>Mini Golf</i><br/>3:30 Afternoon RA Activity:<br/><i>Kick Ball</i><br/>3:30 Get Moving:<br/><i>Hoola Hoop Ball</i><br/>4:00 Companion Time</p>                             | <p>9:30 Sit &amp; Be Fit Exercises<br/>9:45 Morning Gathering:<br/><i>National Humor Month</i><br/>10:00 Table Game:<br/><i>UNO!</i><br/>10:45 Spa at the Commons<br/>11:15 Sit &amp; Be Fit:<br/><i>Yoga &amp; Meditation</i><br/>11:30 The Price is Right<br/>12:00 Lunch<br/>1:00 Movie of the Day<br/>1:00 Spa at the House</p> <p><b>Staff Meeting</b></p> <p><b>1:30pm</b></p> <p>2:15 Afternoon Walks to<br/>House for Music<br/>2:30 Songs with Dorothy<br/>At House<br/>3:30 Afternoon RA Activity:<br/><i>Bean Bag Toss</i></p>   |  <p>It is a mistake to look too far ahead. Only one link in the chain of destiny can be handled at a time.<br/>-Winston Churchill</p> <p>9:30 Spa at the Commons<br/>10:15 Sit &amp; Be Fit Exercises<br/>10:30 Morning Gathering:<br/><i>Winston Churchill Day</i><br/>10:45 Morning Walks<br/>11:15 Sit &amp; Be Fit:<br/><i>Exercise w/ Noodles</i><br/>11:30 The Price is Right<br/>12:00 Lunch<br/>1:00 Movie of the Day<br/>1:00 Afternoon Walks</p> <p><b>Flower Arranging!</b><br/>1:45 @ House<br/>2:45 @ Commons</p> <p>3:15 Companion Time<br/>3:30 Afternoon RA Activity:<br/><i>Bowling</i><br/>3:30 Table Game:<br/><i>Bingo!</i><br/>4:00 Companion Time</p> |
| Friday 10th<br>Activities w/ Katie   | Saturday 11th<br>Activities w/ Katie  | Sunday 12th<br>Activities w/ Katie  | Key  |
| <p><b>Fun Friday</b></p> <p><b>Q: What flowers grow on faces?</b><br/><b>A: Tulips (Two-lips)!</b></p> <p>9:30 Spa at the House<br/>10:15 Sit &amp; Be Fit Exercises<br/>10:30 Morning Gathering:<br/><i>1916 1st Pro Golf Match</i><br/>10:45 Morning Walks<br/>11:15 Sit &amp; Be Fit:<br/><i>Dance Party!!</i><br/>11:30 Internet Travel<br/>12:00 Lunch<br/>1:00 Movie of the Day<br/>1:00 Afternoon Walks</p> <p><b>Therapy Bunnies Visit!</b><br/>1:30 @ House<br/>2:30 @ Commons</p> <p>3:30 Afternoon RA Activity:<br/><i>Baseball</i><br/>3:30 Get Moving:<br/><i>Mini Golf</i><br/>4:00 Companion Time</p>   | <p>9:30 Sit &amp; Be Fit Exercises<br/>9:45 Morning Gathering:<br/><i>Barber Shop Quartet Day</i><br/>10:00 Table Game:<br/><i>Yahtzee!</i><br/>10:45 Spa at the Commons<br/>11:15 Sit &amp; Be Fit:<br/><i>Yoga &amp; Meditation</i><br/>11:30 Sing -A-Long<br/>12:00 Lunch<br/>1:00 Movie of the Day<br/>1:00 Afternoon Walks<br/>1:30 Companion Time<br/>2:00 Get Moving:<br/><i>Balloon Toss</i><br/>2:15 Afternoon Walks to<br/>House for Music<br/>2:30 Folk Music w/<br/><b>Michael At House</b><br/>2:30 Spa at the House<br/>3:30 Afternoon RA Activity<br/><i>Parachute Fun!</i><br/>3:45 Companion Time<br/>4:15 Group Game:<br/><i>Bull's Eye</i></p> |  <p>9:30 Spa at the Commons<br/>10:15 Sit &amp; Be Fit Exercises<br/>10:30 Morning Gathering:<br/><i>1961 1st Person in Space</i><br/>10:45 Morning Walks<br/>11:15 Sit &amp; Be Fit:<br/><i>Groovin &amp; Moovin</i><br/>11:30 Guess that Location..<br/>12:00 Lunch<br/>1:00 Movie of the Day<br/>1:00 Afternoon Walks<br/>1:45 Table Game:<br/><i>High Rollers</i><br/>2:45 Group Game:<br/><i>Race to the Finish</i><br/>3:30 Afternoon RA Activity<br/><i>Basketball</i><br/>3:30 Get Moving:<br/><i>Bowling</i><br/>4:00 Companion Time</p> | <p><b>Country House</b><br/><b>Country Commons</b><br/><b>Special Events or Outings</b><br/><b>Lunch</b><br/><b>Country House &amp; Commons</b><br/><b>Both Houses meeting in the</b><br/><b>Country House Living</b><br/><b>Room</b></p> <p><b>Quote of the Week:</b></p> <p>"And Spring arose on the garden fair,<br/>Like the Spirit of Love felt everywhere;<br/>And each flower and herb on Earth's dark breast<br/>rose from the dreams of its wintry rest."<br/>- Percy Bysshe Shelley,<br/><i>The Sensitive Plant</i></p>  |