



The Country House and Commons



Weekly Activity Calendar Monday, April 13th through Sunday, April 19th 2015

Monday 13th Activities w/ Katie	Tuesday 14th Activities w/ Devyn & Markie	Wednesday 15th Activities w/ Katie & Devyn	Thursday 16th Activities w/ Devyn & Markie
<p style="text-align: center;">Salon Day</p>  <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1743 Jefferson's Bday!</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Word Scramble 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Table Game: <i>High Rollers</i> 2:45 Group Game: <i>Color Dominoes</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Hoola Hoop Ball</i> 4:00 Companion Time</p>	<p style="text-align: center;">NATIONAL PECAN DAY APRIL 14</p>  <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>National Pecan Day!</i> 10:00 Table Game: <i>Yahtzee</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:30 Afternoon Walks 2:00 Get Moving: <i>Balloon Toss</i> 2:15 Afternoon Walks to House for Music 2:30 Accordion Music with Kathleen At House 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Soccer</i> 3:45 Companion Time 4:15 Group Game: <i>Bull's Eye</i></p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>1912 Titanic Sinks</i> 10:00 Spa at the House</p> <p style="text-align: center;">Resident Lunch Outing Bus Loads @10:30am</p> <p>11:00 Morning Walks 11:30 Sit & Be Fit: <i>Yoga & Meditation</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Group Activity: <i>Race to the Finish</i> 1:30 Companion Time 2:00 Spa at the Commons 2:45 Group Activity: <i>Bingo!</i> 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Stress Awareness Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p style="text-align: center;">Flower Arranging! 1:45 @ House 2:45 @ Commons</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Table Game: <i>UNO!</i> 4:00 Companion Time</p>
Friday 17th Activities w/ Katie	Saturday 18th Activities w/ Katie	Sunday 19th Activities w/ Katie	Key
<p style="text-align: center;">Happy Birthday Ida!!</p> <p style="text-align: center;">Fun Friday</p> <p>Q: What happens when a cat eats a lemon? A: It becomes a sour puss!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>April Flower: Sweet Pea</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!</i> 11:30 Trivia: Quizoid! 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Activity: <i>Shake Loose a Memory</i> 2:45 Group Game: <i>Matching Card Game</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>National Jugglers Day!</i> 10:00 Table Game: <i>Dominoes</i> 10:45 Spa at the Commons 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Deal or no Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Bean Bag Toss</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House 2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Kick Ball</i></p>	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Garlic Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Sing-A-Long Hymns 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Table Game: <i>Sequence</i> 2:45 Group Game: <i>Mini Golf</i> 3:00 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>The beautiful spring came; and when Nature resumes her loveliness, the human soul is apt to revive also.</p> <p style="text-align: right;">~Harriet Ann Jacobs</p>