



The Country House and Commons

April 9th – 15 2018



Monday the 9th With Lee	Tuesday the 10th With Liz	Wednesday the 11th With Lee	Thursday the 12th With Carol
<p>9:45 Morning Gathering: 1667 Palais-Royal in Paris holds first ever art exhibition <i>9:45 Montessori With Dana</i> 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 <i>Reading</i> 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House</p> <p style="text-align: center;"><u>Movin' & Groovin'</u> 1:30</p> <p>3:00 Group Activity: Chat Pack 3:30 R.A Activity: Nuts and Bolts 4:00 Companion Time 4:30 Companion Time With Dana 5:45 R.A activity: Nail Cleaning</p>	<p>Happy Birthday Barbra W.</p> <p>9:45 Morning Gathering: National Farm Animals Day (Barn Sanctuary) <i>9:45 Montessori With Dana</i> 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 <i>Reading</i> 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House 1:45 Group Game: High Rollers 2:45 Group Game: 3:30 Afternoon RA Activity: <i>Pixy Cubes</i> 3:30 Get Moving: Bowling 4:00 Companion Time 4:30 Companion Time With Dana 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: 1783 Hostilities formal cease in the American Revolutionary War <i>9:45 Montessori With Dana</i> 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 <i>Reading</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p style="text-align: center;"><u>Music With Pam</u> 1:15 @CMS</p> <p>2:30 R.A Activity: Barrel of Monkeys 3:00 Get moving: Golf 4:00 Companion Time 4:30 Companion Time With Dana 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: HBD David Letterman <i>9:45 Montessori With Dana</i> 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 <i>Reading</i> 12:00 Lunch 1:00 Music appreciation 1:00 Spa at the Commons 1:30 Staff Meeting</p> <p style="text-align: center;"><u>Music with Fernando</u> 1:30 pm</p> <p>3:30 R.A Activity: Nuts and Bolts 4:00 Companion Time 4:30 Companion Time With Dana 5:45 R.A activity: Nail Cleaning</p>
Friday the 13th With Dana	Saturday the 14th With Carol	Sunday the 15th With Carol & Cathy	Key
<p>Q: Why did the cowboy get a wiener dog? <i>A: He wanted to get a long little doggy</i></p> <p>9:45 Morning Gathering: 1860 First Pony express reaches Sacramento <i>9:45 Montessori With Dana</i> 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 <i>Reading</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <p style="text-align: center;"><u>Happy Hour!</u> 1:45 @ Commons 2:15@ House</p> <p>3:30 Get Moving: Afternoon Walks 3:30 R.A Activity: Teddy Bear Bingo 4:00 Companion Time 4:30 Companion Time With Dana 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: 1912 RMS Titanic Hits an Iceberg 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 <i>Reading</i> 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House 1:45 Group Game: Bingo 2:45 Group Game: Exercise Noodles 3:30 Afternoon RA Activity: <i>Ball Toss</i> 3:30 Get Moving: Ball Toss 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p> <p>5:40 Giants Baseball </p> <p>Ch 27</p>	<p>9:45 Morning Gathering: HBD Elizabeth Montgomery 10:15 Sit and Be Fit 10:30 Hydration 10:30 Newspapers 10:45 Spa at the House 12:00 Lunch 1:10 Giants-VS- Padres Channel 27 </p> <p>2:00 Coffee with Kathy 2:30 Afternoon Walks (Weather permitting) 3:00 Group Activity: Chat Pack 5:45 R.A activity: Nail Cleaning</p> <p style="text-align: center;">Trivia:</p> <p style="text-align: center;">What is the official language of Greenland?</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p style="text-align: center;">Quote of the Week:</p> <p style="text-align: center;">“Don’t walk in front of me... I may not follow Don’t walk behind me... I may not lead Walk beside me... just be my friend”</p> <p style="text-align: center;">— Albert Camus</p> 