



The Country House and Commons

Weekly Activity Calendar
Monday, April 27th through Sunday, May 3rd 2015



Monday 27th Activities w/ Katie	Tuesday 28th Activities w/ Bre	Wednesday 29th Activities w/ Katie	Thursday 30th Activities w/ Markie
<p>Salon Day</p>  <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Babe Ruth Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Deal or no Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Card Game: <i>Kings in a Corner</i> 2:45 Group Game: <i>Mini Golf</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Hoola Hoop Ball</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Poetry Appreciation Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Painting 1:45 @ House 2:45 @ Commons</p>  <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Soccer</i> 3:30 Table Game: <i>High Rollers</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>National BLT Month</i> 10:00 Table Game: <i>Bingo</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Balloon Toss</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:45 Companion Time 4:15 Group Game: <i>Matching Card Game</i></p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Hairstyle Appreciation Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Flower Arranging! 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Table Game: <i>Yahtzee!</i> 4:00 Companion Time</p>
Friday 1st Activities w/ Bre	Saturday 2nd Activities w/ Bre	Sunday 3rd Activities w/ Katie	Key
<p>Fun Friday</p> <p>If each day is a gift... I'd like to know where to return Monday!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>May Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Happy Hour!  1:45 @ House 2:45 @ Commons</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:45 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>Good Housekeeping MARCH 1930 25 CENTS</p>  <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>1885 "Good Housekeeping"</i> 10:00 Table Game: <i>Dominoes</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Bean Bag Toss</i> 2:15 Afternoon Walks to House for Music 2:30 Hymns w/ Michael 2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Color Dominoes</i></p>	<p></p> <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1937 "Gone With the Wind" Wins Pulitzer Prize</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Trivia: Quizoid! 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Table Game: <i>Sequence</i> 2:45 Group Game: <i>Race to the Finish</i> 3:00 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"The sun was warm but the wind was chill. You know how it is with an April day. When the sun is out and the wind is still, You're one month on in the middle of May. But if you so much as dare to speak, a cloud come over the sunlit arch, And wind comes off a frozen peak, And you're two months back in the middle of March."</p> <p>- Robert Frost, 1926 <i>Two Tramps in Mud Time</i></p>